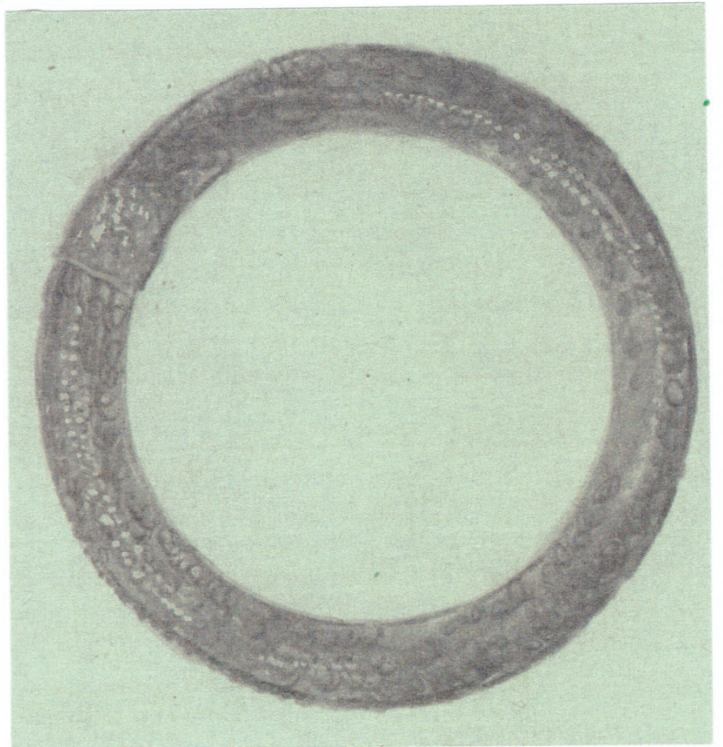


What does wellbeing mean to you?

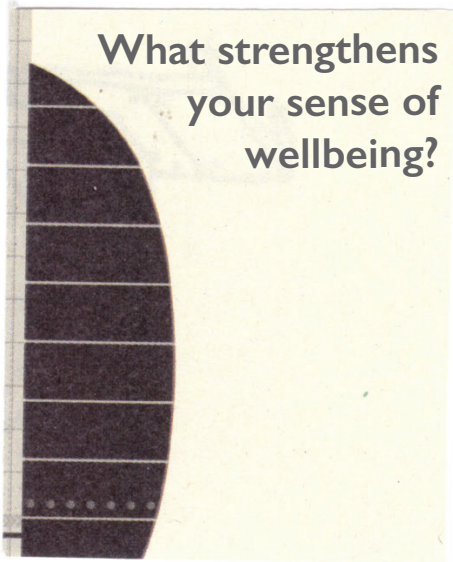
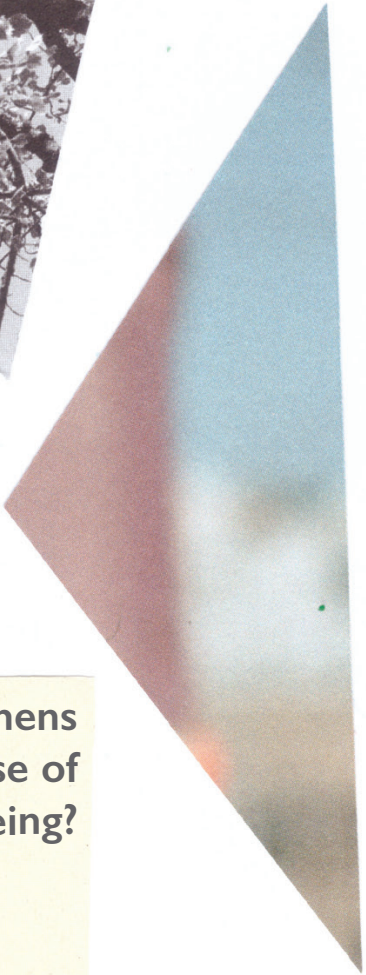
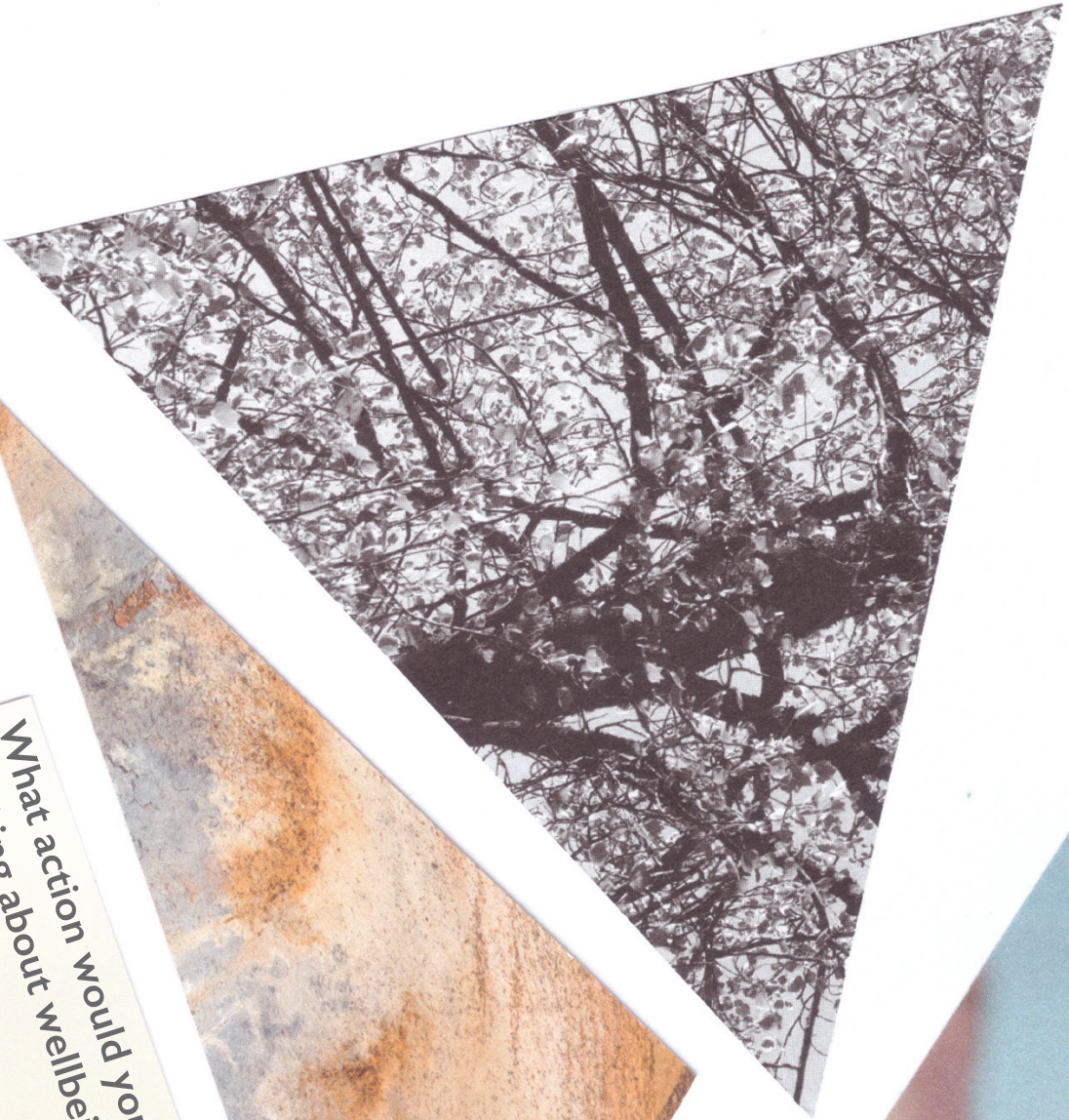
How does your idea of wellbeing compare with someone else's?

How, when and with whom, do you talk about wellbeing?

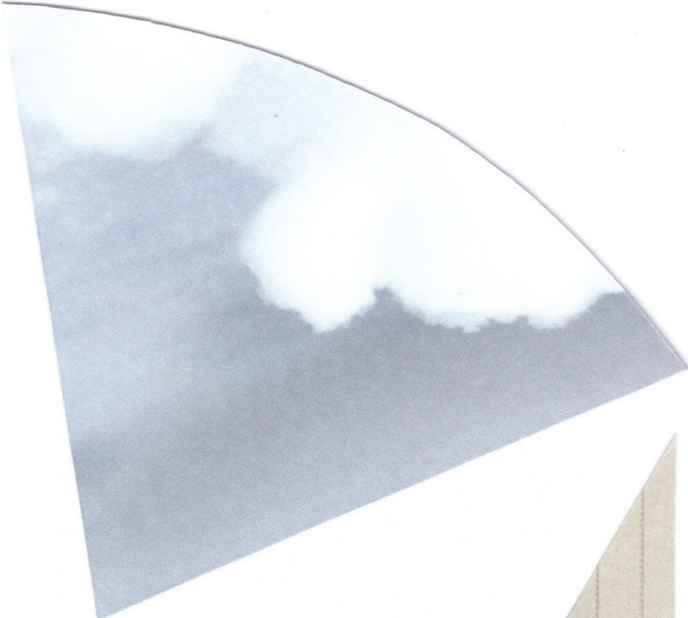


What action would you like to take as a result of your thinking about wellbeing?

What strengthens your sense of wellbeing?



What depletes your sense of wellbeing?



What else do you notice or need to say about wellbeing?

How, and when, do you support other people's wellbeing?

