



Snapshots

Time required
(mins)



Key Stage 2

Learning outcomes

- ✓ I can identify how people are connected
- ✓ I understand how our class is a community
- ✓ I can participate in group activities

Preparation time

None

Resources needed

- An open space
- Coloured scarves and a piece of music (optional)

Making Connections

An activity where the children use physical activities to explore their class community and gain a clearer understanding of how they are connected to each other.

What happens

1. Ask pupils to find a place in the room, ensuring they have a bit of distance from other pupils
2. Start with a physical warm-up of your choice
 - *Rubbing hands together in unison, developing into shaking out arms and legs and shoulders.*
 - *Moving around the room in pairs, matching strides and counting to three before changing direction.*
 - *Growing: lead pupils in practicing making small shapes into large ones; you might begin with the idea of a seed that grows, twisting and turning into a large sunflower that moves in the breeze. Tell pupils there is no right or wrong way to do this, and that how they 'grow' is up to them.*
 - *Shapes: try 'drawing' a variety of shapes, building up from small into large/wide/tall, using different body parts in space. You could develop this into pretending to rub out some lines, picturing how the shapes change in their heads.*
3. Ask children to walk around the room and form groups that connect when you call out a number and a body part.
 - *For example, if you call out, "Three legs," they create a group of three, legs connected.*
4. After a few tries, finish with groups of 4-6. Ask them to find their own different ways to make physical connections in their groups using different body parts. It is up to them how they are linked together.
 - ★ *Tip: Encourage pupils to change their group's 'shape' if they see another group doing something similar.*
 - *Variation, possibly for SEND classes: Hand out coloured scarves and conduct the activity with music playing. Encourage pupils to move their scarves to the music. When the music stops they offer one end of their scarf to someone else in their group, or another group, or could wear the scarf, toss it into the air, etc.*

Reflection questions

- What makes you feel connected to your class?
- When you made a connection with someone else, how did it make you feel?
- Does it matter that some people have things in common and others don't? How might this affect our class community?

- Can you make a link between our class community and to how communities outside of school are connected?

This activity works well with

- String Connections (Selfies)
- A Day in Our Life (Selfies)

