



Summer Arts Boredom Busters

Rise Up!

Raise your voice, follow your heart and make change!

As London emerges from lockdown and recovers from the COVID-19 pandemic, we're inviting families to celebrate summer and get creative. Our weekly Summer Arts Boredom Busters will help you to keep busy, stay well, and stop your kids bouncing off the walls! This week we invite you to find your voice and use it to make change!

About A New Direction

A New Direction is a London-based non-profit, generating opportunities for children and young people to unlock their creativity. We work with partners across education, culture and the creative industries, local government and business, to support children and young people to be creative and experience culture, while identifying areas of inequality and campaigning for policy change.

**A NEW
DIRECTION**
We create **opportunity**

Try...

We all have different hopes for the future and ideas of how to change the world. Follow Eastside's Make a Manifesto resources to help figure out which issues are the most important to you. Use the resources to develop your vision for the future, and pinpoint what you might be able to do to make positive change.

<https://www.eastside.org.uk/creativity-challenges/>

Make...

The world is witnessing lots of environmental, social and political changes. When rules and laws change, we all are affected. But we can also make our own choices that make change happen in our daily lives. Follow the Roundhouse's resources on art activism to explore how you can share your vision for change with others.

<https://www.roundhouse.org.uk/young-creatives/artivism-arts-activism-for-young-people/>

Explore...

Everyone has a story to tell, but sometimes it is hard to work out how best to tell it. Explore and develop your own voice with Freeword's online workshops. The films and exercises are designed to help you become a better communicator and a more purposeful storyteller.

<https://freeword.org/finding-your-voice-workshop/>

Say...

Fevered Sleep are asking young people to share their experiences and thoughts on the current pandemic. Their website features work from children from all over the world, and illustrates how everyone's voice is equally important. Follow their guidance to create your own work to submit online or display at home.

<https://www.feveredsleep.co.uk/current-question>

Create...

There are lots of creative ways you can raise your voice and share your unique view of the world. The English National Opera is asking children and young people to contribute to The Way I See It, a summer challenge that will help them compose a new lockdown aria! Submit original poetry, music, drawings, videos and more.

<https://eno.org/the-way-i-see-it/>

Go Further...

If you've enjoyed the activities above and want to take it further, try some of these:

From tiny images left in gum to massive murals, explore London's Street Art scene online with Google:

<https://artsandculture.google.com/exhibit/street-art-london-street-art-london/gRb6H9t0?hl=en>

and then try:

<https://www.tate.org.uk/kids/games-quizzes/street-art>

Take part in improvisational drama games put together by the Drama Geezers:

<https://www.dramageezers.com/dramaathome>

Follow the steps in our blog post by Photographer Jessica McDermott to research something you care about and create your own artwork:

<https://www.anewdirection.org.uk/blog/keeping-creative-at-home-how-to-research-make-your-own-art-project>

Share your creations on social media with the hashtag **#SummerArtsBoredomBusters**

Have you made a positive change or discovered you have something important to say? After a busy week of boredom busting, be sure to share your creations with us by tagging:

 **@A_New_Direction**

 **@anewdirection_ldn**

We look forward to seeing your brilliant creations!

**A NEW
DIRECTION**

We create **opportunity**