Template: Needs

And Access Rider

About You

|  |  |
| --- | --- |
| Full name |  |
| I prefer to be called |  |
| Pronouns |  |
| The things I need in order for me to work at my best are: |  |



How I Do Things

|  |  |
| --- | --- |
| I prefer communicating in these ways: |  |
| I am motived by: |  |

How to Get the Best Out of Me

|  |  |
| --- | --- |
| The ways you can check in with me are: |  |
| The best way to give me feedback is |  |
| When I’m stressed the best ways to support me are |  |



Challenges and Barriers

|  |  |
| --- | --- |
| Some of my triggers are: |  |
| The things which prevent me from doing my best are: |  |
| Some access barriers that I experience are: |  |
| Some signs that I am dealing with stress are: |  |

Medical Information (Optional)

|  |  |
| --- | --- |
| Condition(s) |  |
| Description(s) |  |
| Medication |  |
| Further details about my condition(s) I want to share: |  |
| Other information about me that I would like the team to know: |  |
| Additional access requirements: |  |

Travel

|  |  |
| --- | --- |
| When I am on placement, this ishow I will get to work: |  |
| If I have to travel as part of the placement, I prefer to use these methods of transport: |  |
| I am happy to travel by myself (please choose yes or no) | Yes No |

Working Environment

|  |  |
| --- | --- |
| To feel more comfortable when working, I need: |  |
| I will find the following environments/spaces challenging: |  |

Emergency Contacts

|  |  |
| --- | --- |
| Name |  |
| Telephone |  |
| Email |  |

|  |  |
| --- | --- |
| Name |  |
| Telephone |  |
| Email |  |