

Freestyle Portraits

1. Put students in pairs and give them one minute to draw each other in each of the following ways:

- Without taking the pencil off the paper
- Using the non-dominant hand
- With dots instead of lines
- With eyes closed

2. When the portraits are finished, partners look at the other person's drawings and pick out three things they like.

Reflection: How did you find each task and how were they different? How did you encourage yourself to complete the tasks?

Go Further: You could use this as an opportunity for pupils to discuss a PSHE or RSE topic while they draw. For 'Healthy Friendships' they might ask things such as: *'How does someone show they are being a good friend?' or 'How do you resolve a disagreement you had with a friend?'*

Inquisitive: Sticking with Difficulty

This activity gets more challenging as more constraints are added, so students practice not giving up. It demonstrates the positive, and sometimes surprising, results of persistence.