

Everybody on the Floor

1. Using a slippery floor, have children lie on a paper plate/ piece of paper/fabric. *Can children move across the floor while keeping the plate or other object attached to their tummy? Use masking tape on the floor to demark a start or finish.*
2. Evolve the activity by creating a treasure hunt along the way, collecting objects or arranging obstacles to move around or underneath. Children could try it on a different part of their body, for example on their side, sitting down using feet to push along.
3. Some children may find the crawling activities challenging or frustrating but with gentle encouragement and observing others, persistence can be modelled.

Reflection: How did you find each task and how were they different? How did you encourage yourself to complete the tasks?

Go Further: You could use this as an opportunity for pupils to discuss a PSHE or RSE topic while they draw. For 'Healthy Friendships' they might ask things such as: *'How does someone show they are being a good friend?' or 'How do you resolve a disagreement you had with a friend?'*

Persistent: Sticking with Difficulty

This activity gets more challenging as more constraints are added, so students practice not giving up. It demonstrates the positive, and sometimes surprising, results of persistence.